



INTERNATIONAL TRAUMA-HEALING INSTITUTE
A NON-PROFIT ORGANIZATION DEDICATED TO GLOBAL TRAUMA HEALING

The Art of Effective Communication Free from Conflict, Free from Stress



Presented By:

GINA ROSS, MFCC

International Author & Researcher

JOIN US FOR AN EXCLUSIVE THREE-DAY WORKSHOP:

FREE FROM CONFLICT, FREE FROM STRESS

February 12, 13 and 14, 2020

9:00 am-5:30 pm;

Location: Tel Aviv, Israel

FEE: 1350 NIS

For mediators, peace activists, community leaders, journalists, diplomats, lawyers, psychotherapists, SEPs and for everyone who wants to cope with stress, be a great communicator and resolve conflicts, large or small, from the spousal, family, community, to national or international levels.

Valuable skills you will receive from this course:

- ◆ Instantly recognize signs of stress and trauma in yourself and others and release the negative trauma activation on-the-spot.
- ◆ Learn how to identify unmet Universal Basic Needs and their negative emotions that fuel a trauma vortex of conflict and violence.
- ◆ Learn effective protocols for mediation and conflict resolution skills to resolve issues arising from daily individual relationships to those affecting conflicts between groups and nations.
- ◆ Develop a universal and apolitical language that incorporates proven communication skills.

First Day: *EMOTIONAID*© - can be attended by itself
(Emotional First Aid for Stress and Trauma)

Second & Third Day - must have *EMOTIONAID*©
Communication & Conflict Resolution

ABOUT THE TRAINER: Gina Ross, MFCC is Founder and President of the International Trauma-Healing Institutes (ITI-USA, and ITI-Israel). A published author/researcher, and international trainer, Gina adds her vast cross-cultural experience of having lived on 4 continents and in 8 countries, to her expertise on trauma, both at the individual and collective levels and on conflict resolution. A senior SE trainer, and creator of Free From Conflict, Gina has conducted workshops worldwide.

She is the author of *Beyond the Trauma Vortex: Into the Healing Vortex*, a series of seven Guide books and has a book in progress on conflict resolution. She specializes in trauma therapy in seven languages. She is a sought-after trauma expert for radio and television programs and a frequent invited presenter at international conferences. For more information email Gina@GinaRoss.com

Contact us:

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www.facebook.com/ITI.Israel

office hours 09:00 - 16:00

Register/Payment via PayPal.com

<https://www.paypal.me/GinaRoss1>

This dynamic and interactive workshop offers tools to:

Day One:

Understand the bio-psychological underpinnings of stress and trauma; release stress and trauma on-the-spot, anywhere and anytime

Days Two and Three:

Resolve conflicts among spousal, family, school or community settings even to the national and international levels; from enemy groups driven to violence by collective hatreds and intolerance

Understand the etiology of collective trauma:

How trauma and unmet Universal Basic Needs (UBN) distort collective narratives and generate powerful emotions; learn to recognize unmet UBN in ourselves and in others; work through emotional obstacles blocking the successful resolution of conflicts; communicate effectively; facilitate dialogue and collaboration with adversarial elements; apply a precise protocol to help us navigate out of individual and collective prejudices; support action that reduces instead of amplifies the trauma vortex and its aggression

High stress, trauma, loss or unmet needs can overwhelm us and alter our mental and emotional balance. They polarize us and compromise the objectivity of our thinking and the effectiveness of our actions to meet our needs. At the collective level, they impair the capacity to resolve recurring local and international conflicts, making them intractable and violent. *"The Ross Model: Balancing the Collective Nervous System"* offers an elegant and organic protocol combining EMOTIONAID™ and other stress release techniques with a Conflict Resolution Protocol and Communication skills.

What you will receive from this course:

- Release negative activation of stress and trauma and shed traumatic blinders while addressing conflicts
- Speak a universal and apolitical language that promotes effective communication and collaboration.
- Experiential protocols and guidelines for constructive dialogue, effective mediation and successful conflict resolution of issues that arise from daily relationships to those affecting conflicts between groups and nations.

NAME

Address/City/State

Cell Phone

Email

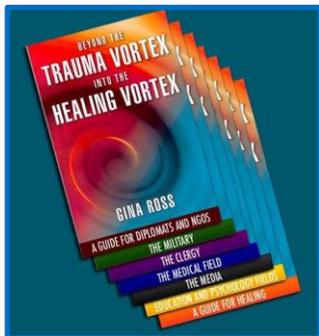
Profession

How did you hear about us?

Have you attended an EMOTIONAID™ workshop before?

How many days?

Where?



Written and recorded materials will be available for purchase.

To gain maximum benefit, it is highly recommended that you read:

Beyond the Trauma Vortex into the Healing Vortex: A Guide for You

Books available at www.beyondthetraumavortex.com